

# CB★MA

ChristineBlundell  
Make-up Academy  
FOR FILM & TELEVISION

## The 4 Month Hair & Makeup Course Brochure



[WWW.CBMACADEMY.COM](http://WWW.CBMACADEMY.COM)

# Who Are We

CB★MA

*The Christine Blundell Make-up Academy is the only Make-up school in the UK run by an Oscar & BAFTA winning Make-up Designer actively working in the industry. All our Tutors currently work as professional Film, TV & Theatre Make-up Artists & Designers. Now in its 15th year, our Academy nurtures a true Family spirit & Aftercare and we only run one Makeup course at any one time, with the maximum class size of 14 students. In addition, all our graduates are given the opportunity to join Christine on set, gaining valuable experience after completing their course.*

CB★MA was founded in 2006 by Academy Award-winning Hair and Make-up designer, Christine Blundell, who wanted to share her experience and knowledge accumulated in over two decades of working on Film, TV and Theatre productions. Together with School Director, Petar Agbaba, we are here to ensure that your course runs smoothly and effectively.

Christine was inspired to create the school because she felt that in the training being provided in the UK, there was a lack of key skills. She has therefore designed her courses to ensure that every student graduating from CB★MA is at an Industry-recognised level for those beginning their career.

Her extensive knowledge of the industry has enabled her to hand-pick your team of excellent Tutors , all of whom continue to work regularly in the business and keep abreast of new techniques and skills, through constant collaboration with fellow Film and TV Makeup professionals.

We promise you not just a superb technical grounding but also an insight into the industry, based on the experiences of those who have felt the pressures of real deadlines and developed the tricks for managing the day-to-day realities of applying make-up and styling hair backstage , or on a bustling, often chaotic film set.



# CB\*MA's Principal Christine Blundell's Amazing Film Biography

CB★MA



**ACADEMY AWARD (OSCAR),  
2000 PRESENTED TO CHRISTINE  
BLUNDELL BY TOBY MAGUIRE.**

Christine first got involved in hair and make up when styling bands in the late '70s and working in a salon in Kensington Market. She went on to open her own hairdressing salon, which she ran successfully for 4 years and then embarked on an intensive three-month make-up course. After completing the course, Christine worked on Phantom of the Opera doing prosthetics and went on to work for LWT, gaining invaluable experience on sketch shows and T.V. films.

Her first feature with Mike Leigh was *Life is Sweet*, which marked the beginning of a long and successful working relationship that has spanned more than 20 years and produced 10 features including *Secrets and Lies*, *Topsy Turvy*, *Vera Drake*, *Happy-Go-Lucky*, *Another Year* and *Mr. Turner*, for which she received a BAFTA nomination.

Christine won both an Academy Award and a BAFTA for *Topsy Turvy* in 2000 and in 2004 received BAFTA nominations for both *Vera Drake* and *Finding Neverland*. Christine's other varied film credits include *The Full Monty*, *Closer*, *The Constant Gardener*, *Casino Royale*, *Eastern Promises*, *Sherlock Holmes*, *Trance*, *About Time* and *The Fifth Estate*. More recently, Christine has worked on Matthew Vaughn's *Kingsman: The Secret Service*, Brian Helgeland's *Legend*, Michael Grandage's *Genius*, Paddington 2, Guy Ritchie's *Knights of the Round Table: King Arthur* and *Wonder Woman*.

In addition, Christine finished working on Mike Leigh's new film *Peterloo* at the end of August 2017, a period drama with a cast of over 100 actors, based on events surrounding the infamous 1819 Peterloo Massacre, where British forces fired on a peaceful pro-democracy rally at St Peter's Field in Manchester. She then started working on Guy Ritchie's new project "*Aladdin*" in September 2017, a live-action retelling of the 1992 Disney film of the same name, which finished filming in January 2018. After a short break, Christine begun filming with Bill Condon on *The Good Liar* in July 2018, with a stellar cast headed by Dame Helen Mirren and Sir Ian McKellen. August 2018 was all about working on "*Aladdin*" pick-ups, where Christine was joined on set by a number of our recent CBMA graduates, who were completing their onset work experience. More recently, Christine worked on Guy Ritchie's *The Gentlemen*, that is being released in UK cinemas in January 2020 and the new HBO's TV Series, *The Nevers*.

*Even though Christine oversees her successful Hair & Make up Academy, she averages 3 films a year, too!!*

# 4 Month Hair & Makeup Course

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## WEEKLY BREAKDOWN

### \*All Aspects of Make up - 3 Weeks

#### Understanding Media Makeup **1 WEEK**

Learn about skin tones, bases, powders concealers, eye shapes, eyebrows, lip shapes, facial contouring and Beauty make up.

#### Period Makeup **1 WEEK**

A period production has to have accurate, factual period makeup and hair true to its time, and we teach the skills in this module.

#### Fashion Makeup **1 WEEK**

Covering different looks for fashion, editorial and catwalk, emphasising speed and creativity alongside precision makeup skills, working on various skin types, including deeper skin tones

### \*Afro Hair, Barbering & Facial hair - 3 Weeks

#### Afro & Curly Hair Skills: **1 WEEK**

Different hair curl patterns, washing ,detangling & styling afro hair, Skills – braids, twists, cornrows, extensions, shaping an afro, faux locs, manipulating curls, making clip-ins.

#### Facial Hair **1 WEEK**

Laying on facial hair with loose hair. Measuring actor's beard surface for making facial hair. Applying beards, moustache, eyebrows and sideburns. Knotting facial hair.

#### Barbering **1 WEEK**

The basic skills for the essentials of cutting men's hair, layering and beard shaping.



Note: The above syllabus is illustrative of a typical module. It may be subject to change at any time.

# 4 Month Hair & Makeup Course

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## WEEKLY BREAKDOWN

### \*Special Effects - 4 Weeks

#### Casualty **1 WEEK**

We teach the essential skills for making wounds, colouring and applying them to the skin. Effects like burns, diseases & skin conditions are also in this module. As well as creating bruising, black eyes, old scars and ageing.



#### Prosthetics **3 WEEKS**

The course covers sculpting and molding prosthetic pieces using silicone and gelatine and learning colouring and application techniques. Face casting on which to sculpt pieces, applying them for a complete effects makeup look.



### \*Theatre & Wigs - 4 Weeks

#### Theatre Wigs & Makeup **2 WEEKS**

Theatrical makeup and the differences between that and film. Creating a character through make up, wigs, bald caps and other techniques.

#### Wig Dressing & Styling **2 WEEKS**

Taking head measurements, prepping hair under the wig, padding, nets and shaping, creating various period styles from 18th to 20th century

### \* Understanding Film TV & Additional Skills - 1 Week

#### Script Breakdown **1 DAY**

Understanding a script is not filmed in sequence

#### Script Continuity **1 DAY**

The importance of continuity and how to do it.

#### Career Advice for MUAs **1 DAY**

#### Recapping/Timing Makeup and Boot Camp Prep **2 DAYS**

### \* Boot Camp - 1 Week

The purpose of this last week of your time at CB★MA is to bring together all of the processes, techniques and skills from the entire course, to help you, the student to leave the Academy as a rounded, confident and capable trainee Makeup artist.

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# Understanding Media Make-up Module

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1 WEEK



## DAY 1

- Prepping the skin for makeup.
- What products to use on oily/dry and neutral skin type.
- Foundation Cream/Base: The different types available and which one is used for which skin type and skin tone.
- Concealer: The different types that are available and when and where to use them.
- Shading and Highlighting: When to use and demonstration given.
- Face Powder: The different types of powder available and when and where to use them.

## DAY 2

- Pencil: When to use it and at what stage it should be used.
- Eyeliner: What effects can be achieved for different makeups.
- Mascara: The correct way to apply mascara.
- Shaping, shading and contouring.

## DAY 3

- Lips, prepping lips, application and corrective use of lipstick.
- Skin tones.
- Eye shadow, prepping the eye, the use of matt and iridescent when and where not to use it.
- Eyelashes, full eyelashes and when to use them.
- Shortcuts, top tips to assist a makeup artist in a problem situation.

## DAY 4

- Individual eyelashes: When to use them and what effect can be achieved
- Eyebrows: When to and when not to do them. Corrective and other ways to do eyebrows and what look can be achieved.
- Socket Lines, the look achieved, when to and not to do it.
- Films sets, Crowd rooms and understanding timing.

## DAY 5

- Create design from makeup brief.
- Timed makeup
- Critique and discussion.

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# Fashion Make-up

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1 WEEK

## DAY 1

- Fashion and Beauty – Catwalk Focus & Trends
- Clean Beauty
- Catwalk trends from international Fashion Weeks



## DAY 2

- Fashion and Beauty – More intense and smokey looks
- Dramatic beauty
- Night time glamour
- Mood boards for day 4



## DAY 3

- Global Beauty with a range of deeper skin tone models
- Skin tones of Global beauty
- Flawless base and pigmentations

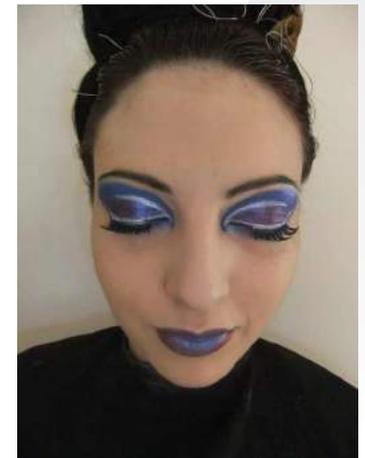


## DAY 4

- Finishing mood boards
- Creating editorial style pieces

## DAY 5

- Reviewing your own choice.



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# Period Make-up

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1 WEEK

## DAY 1

- Introduction to Period makeup
- History of each Period
- Mood boards
- How to block out eyebrows with the use of soap / wax
- Tudor makeup

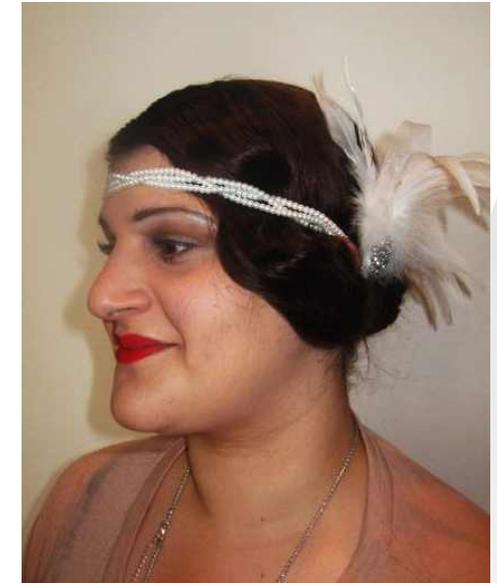


## DAY 2

- Higher & lower class makeup c. 1760
- 19th Century makeup (Edwardian & Victorian)

## DAY 3

- 1920's & 1930s Makeup
- 1940s Makeup & Student practice



## DAY 4

- 1950's Makeup & Student practice
- 1960s & 1980s Makeup & Student practice



## DAY 5

- Camouflage make – up (covering scars etc)
- 1970's Makeup & Student practice

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# Afro & Curly Hair Skills Course

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1 WEEK

CB★MA is delighted to be able to offer this new course that champions much needed syllabus related to the UK's diverse & multicultural community & artists who work both on and off screen. Incorporating a module such as 'Afro and Curly textured hair skills' into our teaching syllabus, we want to encourage a diverse catalogue of artistic vocabulary and expression for our graduates. It is important that this course syllabus reflects and represents the multicultural backgrounds of UK actors, students & Makeup artists, thus fostering an environment of inclusivity and consideration. Your Tutor will be "The Lion King" Musical Hair & Makeup Artist & CB★MA Graduate Danielle Johnally.

## A short summary of course syllabus:

- A brief history of African culture and Hairstyles
- The importance of identifying and understanding the different hair curl patterns
- Product knowledge and best use
- How to wash, detangle and style afro/curly textured hair. Covers finger detangling.
- Hair tools and discussion on hair shrinkage
- Skills – braids, twists, cornrows, extensions, shaping an afro, faux locs, manipulating curls, making clip-ins
- How to stretch and blow-dry curly textured hair
- Wig prep



# Barbering Module

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1 WEEK



## MONDAY

- Kit Layout
- Health & Safety
- Use of Products - Breaking Down / Creating Dirty
- One Length Haircut
- Dress out - Fop
- Beard shaping - Round/Angled/Pointed Dress
- Moustache shaping - create a handlebar moustache
- Set/Tong/Dress
- Square Layers
- Tong
- Dress out - Medieval
- Group Discussion
- Re-cap day's events
- Homework/Research-Long Period Men's Hairstyles

## TUESDAY

- Clipper Handling/Health & Safety
- Shorter Beard Shaping - Using Clippers
- Choose a beard shape & Create & Dress it
- Moustache shaping - using Scissors/Clippers
- Choose a moustache shape
- Create & Dress it- using Tongs
- Long Male Bob
- Hot Stick
- Dress out - Oscar Wilde
- Group Discussion
- Re-cap day's events
- Homework/Research: Medium Length Period Men's hairstyles

## WEDNESDAY

- Shave off Beard/Moustache.
- 1940's - Short Back
- Dress out 1940's
- Use of Dressing products
- 1930's - Short/ Back/Sides
- Dress out 1930's

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# Barbering Module

1 WEEK

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## THURSDAY

- 1920's Military
- Dress out 1920's
- Group Discussion
- Re-Cap day's events
- Homework/Research
- Short Period Men's hairstyles

## FRIDAY

### Morning

- Barbershop scenario
- BRING IN MALE MODELS
- Using all skills learnt this week Moustache shaping - using Scissors/Clippers
- Covering all aspects of Health & Safety
- Full client consultation

## FRIDAY

### Mid Afternoon

- Group Discussion
- Students to talk about their work experience day & reflect on mornings Barbershop Scenario
- Re-cap on week's events



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# Facial Hair Module

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## 1 WEEK

### DAY 1

- Demo -- take a shape and explain about growth of hair, etc. What to instruct
- the beard m ker when sending off shape.
- Students practise taking shapes (do a couple).
- Demo - mixing hair hackle and hand. Talk about different colours of hair and facial hai - show reference.
- If time : stubbled demo and practice

### DAY 2

- Stubble practice
- Blocking Demo
- Blocking practice
- Tonging Demo
- Tonging Practice
- Students to choose full beard and mustaches
- that they will apply the following day.

### DAY 3

- Demo - apply sideburns and take off
- Students practice, applying undressed sideburns, then take them off,
- Clean them, dress them and
- Re-apply (to see the importance of all the preparation.)
- Full beard application demo.
- Afternoon - student apply yesterday's full
- Beards and mustaches.

### DAY 4

- Laying on Demo
- Students practise laying on blocks and tonging.
- Eyebrow demo and then students practise this



### DAY 5

- Take a shape again to see the difference to the 1st day shape.
- Students choose full set of facial and make it work! Match to sides, and lay on where needed, etc.
- Remove, clean and redress all facial.
- If there is time, students choose a period and choose facial, dress it and put it on.

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# Casualty Makeup Module

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1 WEEK

## MONDAY

- Dirtying down - Using different techniques to create a dirty/mottled look. Layering to create a make up that stands out on the screen.
- Weathering: breaking down the skin, creating blotches and an uneven skin tone
- Tooth Decay: using tooth enamels and illustrator palettes
- Grazes: using grease pallets, illustrator pallets and fresh scab
- Tattoo covering: using illustrator pallets to cover tattoos



## TUESDAY

- Broken nose and black eyes: shading, highlighting and colouring techniques. Using grease pallets, illustrator and Vaseline
- Drug addiction/ self-harm: practising vein colours and shapes, track marks, bruising and pin pricks
- Scars: looking at the difference between old and new scars. Trying collodion and scar materials

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# Casualty Makeup Module

CB★MA

1 WEEK

## WEDNESDAY

- Death make ups / autopsy : discolouration of skin, broken veins, paleness and blood, this will include feet and hands. How to create stitches.

## THURSDAY

- Cold sores, boils and skin breakouts. Bullet wounds, slit wrists and cut throats.

## FRIDAY

- Create your own character make up using the techniques taught this week.
- Recap of the week



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# Prosthetics Module

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3 WEEK

WEEK 1

## Introduction to Prosthetics:



Experts from KM Effects Studio, run by SFX Designer Kristyan Mallett, one of the leading Special Effects companies in the UK providing SFX effects for Film, Television and Theatre are CB\*MA Tutors on this module.

▶ LIFE CAST DEMO FOLLOWED BY LIFE CASTING YOURSELVES

▶ MOULDING CAST

▶ SCULPTING FLAT MOULDS

▶ SCULPTING CHARACTER PIECES



## WEEK 2

# Workshop Methods And Techniques:

▶ PAINTING  
PIECES

▶ HAIR  
PUNCHING

▶ SCULPTING  
BONDO PIECES

▶ MOULDING AND  
FILLING MOULDS

▶ CASTING  
PIECES



## WEEK 3

# Finishing And Application

▶ CASUALTY  
APPLICATION DEMO

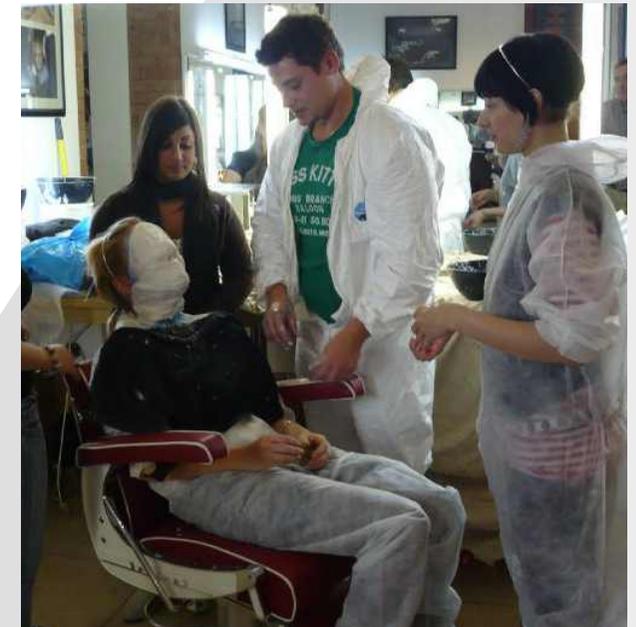
▶ APPLYING  
MAKEUP

▶ APPLYING STOCK  
PROSTHETICS

▶ APPLYING  
BONDO

▶ APPLYING  
TATTOOS

▶ CHARACTER  
MAKEUP



# Theatre Module

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2 WEEKS

## MONDAY

- Washing and blocking up wigs
- Set in "Full Italian"
- Bald cap and ageing demo
- Finish setting wigs



## TUESDAY

- Bald cap and ageing make-up
- Continue to dress out wigs

## WEDNESDAY

- Theatre makeup for men and women and speed wrapping



## THURSDAY

- Understanding knotting and weffting

## FRIDAY

- Complete yesterday's projects and move on to effects and speed wig change over



Note: The above syllabus is illustrative of a typical module. It may be subject to change at any time.

# Theatre Module

CB★MA

2 WEEKS

## MONDAY

- Wig day dressing and setting
- Ballet hair
  - ballet bun
  - French pleat
  - Ballet twist
  - How to pin securely
  - Invisible net

## TUESDAY

- Drag makeup



## WEDNESDAY

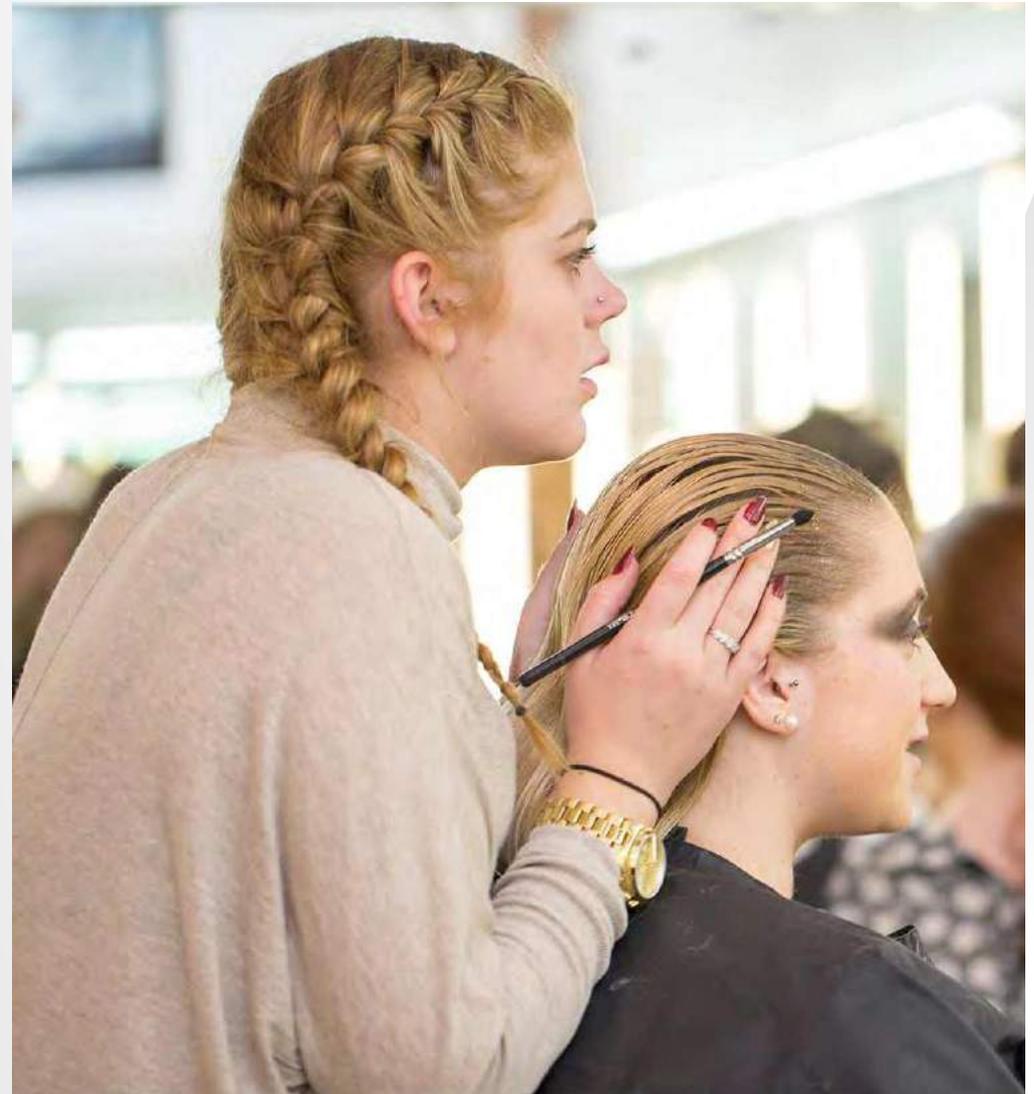
- Apollo Knot and 1840s makeup

## THURSDAY

- Victorian period early wig demo
- Changing the look to late Victorian

## FRIDAY

- Gibson Girl Edwardian period



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# Wig Dressing & Styling Module

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2 WEEKS

## ► Overview of equipment used in wig work

Get familiar with function of: blocking pins (glass headed, thick and fine); blocks; galleon (blocking tape); glue (various types); toupee clips; stocking caps; cleaning brushes; IPA; surgical spirits; acetone; toupee tape.

## ► Different ways to prep hair for under wigs

Learn various techniques for prepping the hair for under a wig for flatness and security and knowing when to use the various techniques.

## ► Choosing two wigs to work with and how to select an appropriate block for them

Students should choose a bob length wig and a long (preferably thick) wig to work with over the rest of the two weeks work.

## ► Blocking wigs

The appropriate blocking pins need to be chosen for the correct areas of the wig. Blocks need to be freshly cling filmed.

## ► Maintaining wigs

Washing, combing, conditioning, drying on blocks and in wig oven. Storing wigs. Learning the types of wigs, wig structures and hairpieces. Cleaning wig lace after use.



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# Wig Dressing & Styling Module

CB★MA

2 WEEKS

## ▶ Setting Wigs

Wet and dry setting. Dressing a 'natural' looking wig. Wooden sticks - afro, flat (with crepe) spiral (with crepe). Rik Rak, hot sticks, waves - single, double, full head.

## ▶ Types of pieces

3/4s, clusters, switches, nape falls

## ▶ Etiquette

Crowd rooms, making a bad wig work, trouble shooting, working with time constraints, following a brief or mood board, securing a stunt wig.



## ▶ Creating a period style

Create a waved style 30's 40's or 50's - Marilyn Monroe, Land Girls, etc 1870's style with padding and nets. Shape rather than detail. Silhouette

## ▶ Working with Yak wigs

Create a late 18th Century look. Think Dangerous Liaison, Marie Antoinette, The Duchess.

## ▶ Creating a character

Creating a character from a back story to your own brief using a model's own hair including hair pieces, wefts and padding but not full wigs. Finish with a full makeup



Note: The above syllabus is illustrative of a typical module. It may be subject to change at any time.

# Script Breakdown, Continuity, MUA Careers & Bootcamp prep week

▶ RECAPPING ON  
STUDENTS' WEAK AREAS

▶ PRINCIPLES OF SCRIPT  
BREAKDOWN & CONTINUITY

▶ TIMING OF MAKEUP & BOOT  
CAMP TASKS RESEARCH & PREP

▶ MUA CAREERS ADVICE – CVS  
& JOB SEARCH



# Bootcamp Week

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The purpose of this last week of your time at CB★MA is to bring together all of the processes, techniques and theories of the entire course, to enable you, the student, to leave the school as a rounded, confident and capable trainee Makeup artist. The student must be ready and able to accept any brief, time constraint or variation given to them, and still produce work to the standard that CB★MA has come to accept from their students. You will, in effect, become our crew. We will treat you as fully functioning members of a Makeup team and expect you to quickly and competently fulfill any brief that we set you. You will begin to understand team work!

All products undertaken in 'Bootcamp' will be timed to reproduce the pressure of the time and financial limitations of a production. This also forces the students to plan and prioritise. Until this point, the students have been learning in their own time. Now their time is ours and they will have to have their make-ups camera ready when we need them. During this last week, we will have a professional photographer who will come in and take photos of your work on a good background, so you then have some good quality pictures to take away and add to your portfolio.



# Dates & Prices

CB★MA

## ▶ Course Dates

FOUR MONTH COURSE - January to April

FOUR MONTH COURSE - April to August

FOUR MONTH COURSE - September to December.

## ▶ Course Fee

The 4 Month Hair & Makeup Course - Total Cost - £12,280 ( incl. VAT)

## ▶ What does this include?

The price includes 16 weeks (480 hours) of full time intensive training delivered by the leading UK Makeup Designers and Artists actively working in the UK Film, TV and / or Theatre industries. Included in the course fee is also the Student Starter Kit every student is given at the beginning of the course and all the materials students will be using during the 4 Month course.

Students also get unlimited Career advice and support during the course and also after their graduation.

Please visit [www.cbmacademy.com/finance](http://www.cbmacademy.com/finance) page to see how we can help with funding your course - some of the options are Bursaries, Paying in monthly instalments, to name just a few.

If you are interested in joining our 4 Month Hair & Make-up course, then please contact us on 020 7 485 4000 or email us at [cbma@cbmacademy.com](mailto:cbma@cbmacademy.com)

